



The Anchor News

Serving the local community in the name of Christ since 1859

26th January 2018

Hi everyone, I'm Naz from the office. I Hope you are all well. We have had quite a few absences this week due to coughs and colds, thank you to all those parents who have kept me informed by ringing in or leaving messages in the mornings. It really does help when we know the reason for your child's absence.

The start of the term is always very busy in the office. From ordering resources for the school, ensuring children's records are updated and maintained ready for the annual Spring Census. The Census includes school data and is a requirement for all schools to complete and send to the Department for Education.

I am always here to answer and help with any queries you may have and I am only a phone call away. Please note the school office is open from 8.15 a.m. – 3.45 p.m. I hope you find the new answer machine system easy to use. Don't forget, if your child is absence for any reason, press option 1 and leave a message.

I hope you all have a restful and enjoyable weekend!

Mrs Ajmal
Office Manager



ST. CLEMENT'S DIAMOND AWARD FOR KINDNESS

Well Done!

Mahamed Ali Essa
- Year 3 -

Abdulrahim
Haji Ebraahiim
- Year 3 -

Ramesah Akhtar
- Year 4 -

Important Dates

Mindful Colouring In

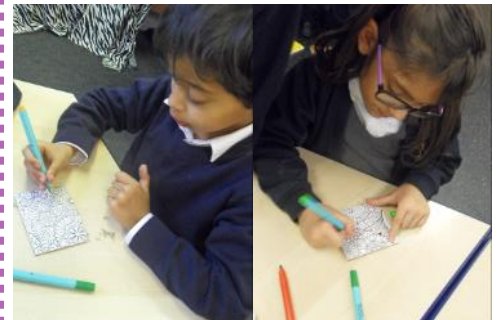
Over the last week a few children were given a chance to spend golden time doing some mindful colouring.

The children had such a good time that we thought we would give you all an opportunity to take part and take some time out by colouring in the header of the newsletter.

Once completed fill in your name and hand to me, your teacher or the office for a chance to have yours featured in a later newsletter.

I look forward to seeing the results ☺

Miss Greene



Star Pupils

Anulla-Blu Wilson and Efieson Yohanes

Amaan Islam and Aydin Siddique

Dante Codling and Mahmood Zaman

Ayaan Khawaja and Zainab Gassama

Ramesah Akhtar and Mohammed Farah

Alymat-Atinuke Okoya Olasupo
and Muhanad Awad

Farhan Ali and Kamille Pogson

Ellie-Rose Wickett and Basil Gbreel

Child Safety Week

5th - 9th February 2018

Our Child Safety week is fast approaching where we as a school will be looking at and exploring different aspects of child safety.

Parent's Evening

Wednesday 7th February 3:30pm - 5:30pm

Please take note of the time and date of our upcoming parent's evening. This will be your chance to talk to your child's class teacher about how the start of the school year has been. Please look out for a more detailed letter being sent home next week.

Head Teacher: Mr Ricketts
Deputy Head Teacher: Miss Shryane
Assistant Head Teacher: Mrs Nizamis



Text service for absence: 07535 293094
E-mail: admin@stclemce.bham.sch.uk
Website: www.stclemce.bham.sch.uk

Butlin Street, Nechells, Birmingham, B7 5NS

Phone: 0121-464-4652

School Blog

<http://st-clements-church-of-england-academy.j2bloggy.com/>

Twitter and Instagram:
@StClem_Nechells





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Name: _____

Class: _____

Safeguarding



10 Television Tips for Parents Kids love TV It's not all bad. But it's not all good, either!

Deciding how much and which television programs kids should watch is a tough job for any parent. But it can be done.

Responsible television viewing should begin when the kids are young. It's important that they realise from an early age that television viewing is a sometime thing and not part of the background.

The Down Side of Television.

Educational and sociological experts as well as paediatricians agree that too much television is not good for kids. There's a lot of gratuitous violence and sex on TV -- not to mention commercials that bombard children with unnecessary messages.

While the jury is out on the overall effect of television violence, most experts and parents believe it encourages aggressive behaviour in some children, and may make others feel frightened and vulnerable.

Television sex may be casual. Very often it is the subject of ribald humour. These may not be messages parents care to transmit to their growing children. Rarely are responsibility, commitment, and safety addressed.

Some estimates suggest that kids see more than 20,000 commercials every year. They have trouble separating the image from the product. Advertisers and marketers know this -- and in fact marketers find that kids influence family buying habits far more significantly than at any previous time.

Some Do's and Don'ts Here are 10 tips for responsible and pleasurable TV viewing.

1. Discuss your attitude about television with your children, and keep the dialogue open as they grow up. Talk about violence and reinforce that the actors are not really hurt. Point out that commercials are designed for selling products. In time, your child will understand these concepts.
2. Don't be afraid to limit the time your kids can watch television. Some families turn the TV off during the week, others limit it to one or two hours a day. Choose a system that works for you.
3. Limit your own viewing. Set an example for your kids by only watching specific programs, rather than watching anything "that's on."
4. Provide other activities for your children. Make sure to keep basic art supplies, board games, books, puzzles, and music on hand. Video games have their own allure and along with television, these can be limited.
5. Never make television viewing a reward or punishment. It's tempting to turn off the television for transgressions, but this glorifies television and confers too much importance on it. Find other punishments.
6. Watch your children's selected shows with them. Do this at least once to determine the level of violence and the attitudes of the main characters. Encourage programs that showcase caring, cooperative, and friendly relationships. Don't feel guilty about blocking some shows, or simply forbidding them.
7. Provide plenty of opportunities for play and interaction with other people. Instead of watching television, kids can play with other children, even those of different ages, and also spend time with the adults in their lives
8. Boredom is not a bad thing for kids. If your children complain now and then of being bored, don't suggest they "see what's on." Learning to entertain themselves is part of growing up.
9. Never allow the television become background noise. Turn it on for a specific program -- and then turn it off. You limit computer time; do the same with TV.
10. Make children's bedrooms television-free zones. Studies show that kids with TVs in their rooms do not do as well in school as those without them.