













WEEK 1 MENU

Week Commencing
06/09, 27/09, 18/10, 15/11, 06/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY Italian	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken and Sweetcorn Pasta Bake	Chickpea, Corn & Carrot Burger 	Roast Chicken	Spaghetti Bolognese	Oven Baked Fish Fingers
Main 2	Kale and Edamame Bean Frittata   	Quorn Sausage Pattie Burger 	Roasted Quorn Fillet & Gravy 	Plain Omelette or Cheese & Tomato Omelette 	Cheese & Tomato Pizza 
Carbohydrates	Garlic Bread Slices	New Potatoes or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Boiled White and Brown Rice or Wholemeal Penne Pasta 	Oven Baked Chips
Vegetables	Mixed Salad Coleslaw	Green Beans Fresh Sliced Carrots	Fresh Carrots Broccoli Florets	Roasted Sweetcorn Mixed Salad	Garden Peas Baked Beans  Mixed Salad
Desserts	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Freshly Made Chocolate Cookie

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic














For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

Week Commencing
13/09, 04/10, 01/11, 22/11, 13/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage & Onion Gravy	Southern Baked Chicken Thigh with BBQ Sauce	Roast Beef	Cheesey Baked Gnocchi 	Oven Baked Breaded Fish (Pollock)
Main 2	Quorn Sausage & onion Gravy 	Cheese & Tomato Quiche 	Roasted Quorn Fillet & Gravy 	Roasted Vegetable Wholemeal Pasta Bake   	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce 
Carbohydrates	Mashed Potatoes or Wholemeal Penne Pasta 	Baked Sweet Potato Wedges or Wholemeal Penne Pasta 	Roasted Potatoes or Wholemeal Penne Pasta 	Boiled White and Brown Rice or Penne Pasta 	Oven Baked Chips
Vegetables	Fine Green Beans Fresh Sliced Carrots	BBQ Baked Beans Red Cabbage Coleslaw	Savoy Cabbage Fresh Glazed Carrots	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans 
Desserts	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Apple Shortbread Custard Sauce

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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WEEK 3 MENU

Week Commencing
20/09, 11/10, 08/11, 29/11



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Asian	FRIDAY FAVOURITES
MAIN 1	BBQ Chicken Thigh 	Lentil & Vegetable Cottage Pie  	Roast Chicken	Stir Fry Beef Strips with Black Bean Sauce	Fingers Salmon Fish Fingers
Main 2	Cheese & Broccoli Flan 	Halloumi and Vegetable Kebab Served on Flat Tortilla 	Quorn Roast 	Chinese Noodles with Vegetables & Soya Beans  	Quorn Hot Dog Roll 
Carbohydrates	Half Jacket Potato or Wholemeal Penne Pasta 	Mashed Potatoes or Wholemeal Penne Pasta 	Roast Potatoes or Penne Pasta 	Boiled White and Brown Rice or Penne Pasta 	Oven Baked Chips
Vegetables	Broccoli Florets Mixed Bean Salad	Fresh Glazed Carrots Green Beans	Savoy Cabbage Roasted Vegetables	Green Beans Sweetcorn	Garden Peas Baked Beans 
Desserts	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Lemon Curd Meringue Pizza Slice

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Organic

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